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Spectrum Health Hospitals is accredited by the Michigan State Medical Society to provide continuing medical education for physicians. Spectrum Health Hospitals designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Date:** May 7, 2024

**Time:** 7:00 AM

Location: Other

#### Credit Hours:

1.0 AMA PRA Category 1 Credit(s)™
1.0 non-physician credit hour(s)

# Title: MED+UP CHW 2024 - 5/7/2024

## Objectives:

 Demonstrate techniques that can be applied to prevent or mitigate professional burnout
 Define the concepts of secondary trauma and compassion fatigue.
 Understand the value of community and camaraderie in improving professional fulfillment

## Target Audience:

Interprofessional

## Planning Committee/Faculty:

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
KRISTIN M JACOB, MD	Course Director	Nothing to disclose - 11/20/2023
COURTNEY HILBERT, MSN, Certified Nurse-Midwife	Course Director	Nothing to disclose - 11/21/2023
JILLIAN BYBEE, MD	Faculty	Nothing to disclose - 02/19/2024
Carrie Mccombs, BA	Activity Coordinator	Nothing to disclose - 11/16/2023
Kristen Y Jones, LMSW, LMSW, LCSW	Course Director	Nothing to disclose - 11/17/2023
Brooke Russell, BS	Activity Administrator	Nothing to disclose - 11/15/2023