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Spectrum Health Hospitals is accredited by the Michigan State Medical Society to provide continuing medical education for physicians. Spectrum Health Hospitals designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Date:** May 14, 2024

**Time:** 6:00 PM

Location: Other

#### Credit Hours:

1.0 AMA PRA Category 1 Credit(s)™
1.0 non-physician credit hour(s)

# Title: MED+UP CHW 2024 - 5/14/2024

# **Objectives:**

 Demonstrate techniques that can be applied to prevent or mitigate professional burnout
 Define the concepts of secondary trauma and compassion fatigue.
 Understand the value of community and camaraderie in improving professional fulfillment

## Target Audience:

Interprofessional

## Planning Committee/Faculty:

| Name of individual                                   | Individual's role in<br>activity | Nature of Relationship(s) /<br>Name of Ineligible<br>Company(s) |
|------------------------------------------------------|----------------------------------|-----------------------------------------------------------------|
| KRISTIN M JACOB,<br>MD                               | Course Director                  | Nothing to disclose -<br>11/20/2023                             |
| COURTNEY HILBERT,<br>MSN, Certified<br>Nurse-Midwife | Course Director,<br>Faculty      | Nothing to disclose -<br>11/21/2023                             |
| Carrie Mccombs, BA                                   | Activity Coordinator             | Nothing to disclose -<br>11/16/2023                             |
| Kristen Y Jones,<br>LMSW, LMSW, LCSW                 | Course Director                  | Nothing to disclose -<br>11/17/2023                             |
| Brooke Russell, BS                                   | Activity<br>Administrator        | Nothing to disclose -<br>11/15/2023                             |