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Spectrum Health Hospitals is accredited by the Michigan State Medical Society to provide continuing medical education for physicians. Spectrum Health Hospitals designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Date:**  
May 8, 2024

**Time:**  
12:00 PM

**Location:**  
Other

**Credit Hours:**  
1.0 AMA PRA  
Category 1  
Credit(s)<sup>™</sup>  
1.0 non-physician  
credit hour(s)

**Title:**  
MED+UP CHW 2024 - 5/8/2024

**Objectives:**

- 1 Demonstrate techniques that can be applied to prevent or mitigate professional burnout
- 2 Define the concepts of secondary trauma and compassion fatigue.
- 3 Understand the value of community and camaraderie in improving professional fulfillment

**Target Audience:**  
Interprofessional

**Planning Committee/Faculty:**

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
JULIE BAAR, NP	Faculty	Nothing to disclose - 02/15/2024
KRISTIN M JACOB, MD	Course Director	Nothing to disclose - 11/20/2023
COURTNEY HILBERT, MSN, Certified Nurse-Midwife	Course Director	Nothing to disclose - 11/21/2023
Arashdeep Litt, MD	Faculty	Nothing to disclose - 02/15/2024
cheri weisner, Masters	Faculty	Nothing to disclose - 01/31/2024
Carrie Mccombs, BA	Activity Coordinator	Nothing to disclose - 11/16/2023
Kristen Y Jones,	Course Director	Nothing to disclose -

LMSW, LMSW, LCSW		11/17/2023
Brooke Russell, BS	Activity Administrator	Nothing to disclose - 11/15/2023